



Cajun Thing – Newbie Series

32 Count 4 Wall Starter Line Dance
Music: Let's Go To Louisiana or any Cajun Song
CD: Don't Mind If I Do – Scooter Lee (2017)
Available on all legal downloads – www.ScooterLee.com

Choreographer: Jo Thompson Szymanski & Rita Thompson



1-8 4 TOE STRUTS FORWARD (R,L,R,L)

- 1-2 Step R toe forward; Drop R heel
- 3-4 Step L toe forward; Drop L heel
- 5-6 Step R toe forward; Drop R heel
- 7-8 Step L toe forward; Drop L heel

Easier option: Instead of toe struts, you may do 4 slow forward walks R,L,R,L

Variation: You may do 4 heel struts - Step heel first and then drop the toe

9-16 4 TOE STRUTS BACK (R,L,R,L)

- 1-2 Step R toe back; Drop R heel
- 3-4 Step L toe back; Drop L heel
- 5-6 Step R toe back; Drop R heel
- 7-8 Step L toe back; Drop L heel

17-24 MAMBO RIGHT, HOLD, MAMBO LEFT, HOLD

- 1-2 Rock R to right; Recover to L
- 3-4 Step R beside L; Hold
- 5-6 Rock L to left; Recover to R
- 7-8 Step L beside R; Hold

25-32 MAMBO RIGHT with 1/4 TURN RIGHT, HOLD, MAMBO LEFT, HOLD

- 1-2 Rock R to right; Recover to L turn 1/4 right
- 3-4 Step R beside L; Hold
- 5-6 Rock L to left; Recover to R
- 7-8 Step L beside R; Hold

Note: To make this a 1-wall dance, omit the 1/4 turn.

We use this dance to get our new dancers used to songs with a Cajun beat like High Test Love, I Love My Louisiana Man, Mambo #5

